

Sri Narasimha Jayanti

We are celebrating the appearance day of Lord Narasimha on May 09, 2017. Narasimhadeva is the protector of the devotees. As confirmed in Bhagavad-gita, the Supreme Lord appears in every millennium to protect the devotees, annihilate the miscreants and to establish religious principles. On His appearance day devotees fast till dusk.

There is a common misconception that one should not worship Lord Narasimhadeva at home. Some people say that if you worship Lord Narasimha at home, He would rip you apart. However this is not true. People who say that identify themselves with Hiranyakashipu rather than with Prahlada. Prahlada was a great devotee and Hiranyakashipu was the greatest demon who was envious of Lord Vishnu.



Narasimhadeva appeared to protect His devotee and annihilate the demon. See the picture of Lord Narasimha. Hiranyakashipu is being ripped apart and behold... Prahlada Maharaja is standing next to Him with a garland. The demigods and even Lakshmidevi were afraid of approaching Narasimhadeva to pacify Him; but Prahlada Maharaja went and offered prayers to pacify Him.

Narasimhadeva protects us from all evil influences and He removes all the obstacles in our spiritual path. In the Brahma Samhita it is stated that Ganesha always holds the lotus feet of Lord Narasimha and thus he obtains his power to destroy all the obstacles on the path of progress in the three worlds. Narasimha is everywhere and He also resides in our heart. Devotees always worship the Supreme Lord Narasimhadeva who is also known as bhakta-vatsala. It is important that we worship Him on His appearance day.

For more details visit: www.iskconbangalore.org/festivals or www.iskconbangalore.org/sri-narasimha-jayanti

How to celebrate Narasimha Jayanti Festival?

Wake up early in the morning. In the scriptures it is recommended that one should wake up early in the morning. Brahma-muhurtha (approximately 1 ½ hours before sunrise) is the most auspicious time for spiritual activities.

Cleanse yourself. Clean yourself externally by brushing your teeth, taking a bath etc. For internal cleanliness one has to think of Krishna always and chant the Hare Krishna maha-mantra.

hare krṣṇa, hare krṣṇa, krṣṇa krṣṇa, hare hare
hare rāma, hare rāma, rāma rāma, hare hare

Before observing any vow, cleanse yourself externally and internally by taking a bath and chanting the Hare Krishna maha-mantra at least 108 times. This is very important.

Prepare for the worship. If you have an altar, clean it, remove the old flowers and decorate the altar with fresh flowers. If you do not have the Deity or Picture of Lord Narasimha on the altar, then set up a table and purify it by sprinkling water or wiping with a cloth soaked in water. Keep the picture / Deity of Lord Narasimha on that table. Offer flower garlands and decorate the place of worship with flowers.

Offer Obeisances. Chant Narasimha Pranama mantra and offer obeisances to Lord Narasimha.

namas te nara-siṁhāya prahlādāhlāda-dāyine
hiranyaśaśipor vakṣaḥ-śilā-ṭaṅka-nakhālaye

ito nṛsimhah parato nṛsimh
yato yato yāmi tato nṛsimhah
bahir nṛsimho hṛdaye nṛsimho
nṛsimham ādīm śaraṇam prapadye

Pray for the Protection of Lord Narasimha by chanting Narasimha Kavacha Stotra. This is the prayer from Brahmanda Purana, formerly spoken by Prahlada Maharaja. It is said that one who chants this mantra is bestowed with all opulences and can be elevated to the heavenly planets. One should first meditate on the transcendental form of Lord Narasimha (as described in verses 3 to 6 of Narasimha Kavacha Stotra) and pray to Him for our protection.

It is said that the Narasimha Kavacha Stotra is the king of all mantras. One who reads this becomes free from all sins. It removes all evil influences in the family and drives away ghostly disturbances. Whatever one desires in this world can be definitely attained if one chants this mantra regularly as per the procedure with a pure heart. All the diseases (especially those of the abdomen) will vanish and he will achieve victory in all his endeavors.

The Narasimha Kavacha Stotra is given as an annexure to this e-book. To hear the mantra, download the Narasimha Kavacha Stotra Video from our website.

Narasimha Ashtottara Archana. Purchase different varieties of fragrant flowers for performing archana. Chant the Narasimha Ashtottara mantra (refer annexure) & offer flowers at the lotus feet of Lord.

Offering Bhoga. Prepare a variety of delicacies as per your ability and offer them to the Lord. Distribute the Prasadam. The devotees observing the vow shall fast till dusk & then partake the Prasadam.

Narasimha Arati: Chant the following mantra (or you can also sing) and perform an arati.

śrī-nṛsiṁha, jaya nṛsiṁha, jaya jaya nṛsiṁha
prahlādeśa jaya padmā-mukha-padma-bhṛṅga

tava kara-kamala-vare nakham adbhuta-śṛṅgam
dalita-hiraṇyakaśipu-tanu-bhṛṅgam
keśava dhṛta-narahari-rūpa jaya jagadīśa hare
jaya jagadīśa hare jaya jagadīśa hare

Prayer to forgive offenses: With folded hands request the Supreme Lord to accept your worship and forgive any offenses committed knowingly or unknowingly in the process of worship.

SRI NARASIMHA JAYANTI
The Appearance of Sri Narasimhadeva

May 09, 2017 (Tuesday)

www.iskconbangalore.org/sri-narasimha-jayanti

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Bhoga-offering Procedure

Arrange all the bhoga-offerings in front of the Deities. On each item place a tulasi leaf. Chant each of the following mantras 3 times as you ring a bell with your left hand.



nama om viṣṇu-pādāya kṛṣṇa-preṣṭāya bhū-tale
śrīmata bhaktivedānta-svāmin iti nāmine

namas te sārasvate deve gaura-vāṇī-pracārine
nirviṣeṣa-sūnyavādi-pāścātya-deśa-tāriṇe

namo mahā-vadānyāya kṛṣṇa-prema-pradāya te
kṛṣṇāya kṛṣṇa-caitanya-nāmne gaura-tviṣe namaḥ

namo brahmaṇya-devāya go-brāhmaṇa-hitāya ca
jagad-dhitāya kṛṣṇāya govindāya namo namaḥ

Leave the bhoga in front of the Lord for 10 to 15 minutes. Come out of the altar room. After 15 minutes, clap your hands gently and enter the altar room. Ring the bell and remove the plate.

Ārati Procedure

Items required: Bell, ārati lamp, incense sticks, ghee wicks, matchbox, conch to offer arghya, conch stand, a handkerchief, small plate to keep flowers, fragrant flowers, ācamana cup, cāmara and vyajana (peacock feather fan), a big plate to keep all the paraphernalia.

Offer the ārati in the following sequence:

dhūpa (incense sticks): 4 rounds to the Lord's lotus feet, 3 rounds to Lord's navel and 7 rounds to Lord's body; **dīpa (ghee lamp):** 4 rounds to Lord's lotus feet, 3 rounds to Lord's navel, 2



rounds to Lord's face & 7 rounds to Lord's body; **arghya (water in a conch shell)** - 7 rounds above Lord's head. After offering, pour the water into a separate pot; **vastra (handkerchief)** - same as the lamp; **puṣpa (fragrant flowers)** - 4 rounds to Lord's lotus feet. And then keep the flowers at the Lord's lotus feet; **cāmara (fan made of yak-tail hair)** - Wave it for a suitable number of times; **vyajana (peacock-feather fan)** - Wave it for a suitable number of times. Offer obeisances and beg forgiveness from the Lord for the offenses committed unknowingly while rendering services.

Narasimha-kavaca stotra

narasiṁha-kavacāṁ vakṣye
prahlādenoditam purā
sarva-rakṣā-karam puṇyāṁ
sarvopadrava-nāśanam (1)

sarva-sampat-karam caiva
svarga-mokṣa-pradāyakam
dhyātvā nṛsiṁham deveśam
hema-siṁhāsana-sthitam (2)

vivṛtāsyam̄ tri-nayanaṁ
śarad-indu-sama-prabham
laṅkṣmyāliṅgita-vāmāṅgam
vibhūtibhir upāśritam (3)

catur-bhujam̄ komalāṅgam
svarṇa-kundala-śobhitam
śriyāsu-śobhitoraskam̄
ratna-keyūra-mudritam (4)

tapta-kāncana-sankāśam̄ pīta-
nirmala-vāsasam̄ īndrādi-sura-
mauliṣṭha sphuran māṇikya-
dīptibhiḥ (5)

virājita-pada-dvandvaram̄
śāṅkha-cakrādi-hetibhiḥ
garutmatā chavinayat
stūyamānam mudānvitam (6)

sva-hṛt-kamala-saṁvāsam̄
kṛtvā tu kavacāṁ pathet
nṛsiṁho me śirah pātu loka-
raksātma-sambhavah (7)

sarvago 'pi stambha-vāsaḥ
phālam̄ me rakṣatū dhvanim
nṛsiṁho me dṛśau pātu
soma-sūryāgni-locanaḥ (8)

smṛtiṁ me pātu nr̄hariḥ
muni-varya-stuti-priyah
nāśāṁ me simha-nāśas tu
mukhaṁ laķsmī-mukha-priyah (9)

sarva-vidyādhipah pātu
nṛsiṁho rasanām mama
vaktrām pātv indu-vadanaḥ
sadā prahlāda-vanditah (10)

nṛsiṁhah pātu me kaṇṭham̄
skandhau bhū-bharaṇānta-kṛt
divyāstra-śobhita-bhujo
nṛsiṁhaḥ pātu me bhujau (11)

karau me deva-varado
nṛsiṁhaḥ pātu sarvataḥ
hṛdayaṁ yogi-sādhyaś ca
nivāśam̄ pātu me hariḥ (12)

madhyam̄ pātu hiraṇyāksa-
vakṣaḥ-kukṣi-vidāraṇaḥ
nābhiṁ me pātu nr̄hariḥ
sva-nābhi-brahma-saṁstutah (13)

brahmāṇḍa-kotayaḥ kaṭyām̄
yasyāsau pātu me kaṭim guhyam̄
me pātu guhyānām̄ mantrānām̄
guhya-rūpa-dhṛk (14)

ūrū manobhavaḥ pātu
jānumī nara-rūpa-dhṛk
jaṅghē pātu dharā-bhāra-
hartā yo 'sau nr̄-keśarī (15)

sura-rājya-pradah pātu
pādau me nr̄hariśvaraḥ
sahasra-śīrṣā-puruṣaḥ
pātu me sarvaśas tanum (16)

mahoṛaḥ pūrvataḥ pātu
mahā-vīrāgraḥ 'gnitah
mahā-viṣṇuh dakṣine tu
mahā-jvālaḥ tu nairṛtau (17)

paścime pātu sarveśo diśi
me sarvatomukhaḥ
nṛsiṁhaḥ pātu vāyavyām̄
saumyām̄ bheeṣaṇa-vigrahaḥ (18)

īśānyām̄ pātu bhadro me
sarva-maṅgala-dāyakaḥ
saṁsāra-bhayadah pātu
mr̄tyor mr̄tyur nr̄-keśarī (19)

idam̄ nṛsiṁha-kavacāṁ
prahlāda-mukha-maṇḍitam
bhaktimān yaḥ paṭhenityam
sarva-pāpaiḥ pramucyate (20)

garjantam̄ garjayantam nija-bhuja-patalam̄ sphaṭayantam̄ hatantam̄
dipyantam̄ tāpayantam̄ divi bhuvi ditijam̄ kṣepayantam̄ kṣipantam̄
krandantam̄ roṣayantam̄ diśi diśi satatām̄ saṁharantam̄ bharantam̄
vīkṣantam̄ ghūrṇayantam̄ kara-nikara-śataḥ divya-siṁham̄ namāmi (31)

iti śrī-brahmāṇḍa-purāṇe prahlādoktam̄ śrī-nṛsiṁha-kavacāṁ sampūrṇam.

putravān dhanavān loke
dīrghāyur upajāyate
yam̄ yam̄ kāmayate kāmam̄
taṁ taṁ prāpnuty asaṁśayam (21)

sarvatra jayam̄ āpnoti
sarvatra vijayi bhavet
bhūmy antarīkṣa-divyānām̄
grahānām̄ viṇivāraṇam (22)

vṛścikoraga-sambhūta-
viṣāpaharaṇām̄ param
brahma-rākṣasa-yakṣānām̄
dūrotsāraṇa-kāraṇam (23)

bhūrje vā tālapatre vā kavacāṁ¹
likhitām̄ śubham kara-mūle
dhṛtaṁ yena sidheyuh karma-
siddhayaḥ (24)

devāsura-manuṣyeṣu
svām̄ svām̄ eva jayaṁ labhet
eka-sandhyām̄ tri-sandhyām̄ vā
yah paṭhen niyato naraḥ (25)

saṁvāda-maṅgala-māṅgalyam̄
huktiṁ muktiṁ ca vindati
dvā-trimśati-sahasrāṇi
paṭhechhuddhātmabhir nribhiḥ (26)

kavacasyāya mantrasya
mantra-siddhiḥ prajāyate
anena mantra-rājena
kṛtvā bhasmābhi maṇṭraṇam (27)

tilakām̄ bibhriyād yas tu
tasya graha-bhayām̄ haret
tri-vāram̄ japamānas tu
dattam̄ vāryābhimantrya ca (28)

prāsaye dyam naram mantram̄
nṛsiṁha-dhyānamācaret tasya
rogāḥ prāṇasyanti
ye ca syuḥ kuksi-sambhavāḥ (29)

kimatra bahunoktena
nṛsiṁha sadṛśo bhavet
manasā cintitam yattu
sa tacchāpnotya samśayam (30)

Śrī Nṛsimha Aṣṭottara Śata Nāma Stotram

Om nārasimhāya namaḥ	Om bala-bhadrāya namaḥ	Om sarva-tantrātmakāya
Om mahā-simhāya namaḥ	Om subhadrakāya namaḥ (40)	namaḥ Om avyaktāya namah
Om divya-simhāya namaḥ	Om karālāya namaḥ	Om suvyaktāya namaḥ
Om mahā-balāya namaḥ	Om vikarālāya namaḥ	Om bhakta-vatsalāya namaḥ (80)
Om ugra-simhāya namaḥ	Om vikartre namaḥ	Om vaisākha-śukla-bhūtotthāya namaḥ
Om mahā-devāya namaḥ	Om sarva-kartṛkāya	Om śaranāgata-vatsalāya namaḥ
Om stambha-jāya namaḥ	namaḥ Om śimśumārāya	Om udāra-kīrtaye namaḥ
Om ugra-locaṇāya namaḥ	namah Om trilokātmane	Om puṇyātmane namaḥ
Om raudrāya namaḥ	namaḥ Om īśāya namaḥ	Om mahātmane namaḥ Om
Om sarvādbhutāya namaḥ (10)	Om sarveśvarāya namaḥ	caṇḍa-vikramāya namaḥ
Om śīmate namaḥ	Om vibhave namaḥ	Om vedatraya-prapūjyāya
Om yogānandāya namaḥ	Om bhairavāḍāmbarāya namaḥ (50)	namaḥ Om bhagavate namaḥ
Om trivikramāya namaḥ	Om divyāya namah	Om parameśvarāya namaḥ
Om haraye namaḥ	Om acyutāya namaḥ	Om śī-vatsāṅkāya namaḥ (90)
Om kolāhalāya namaḥ	Om kavimādhavāya namaḥ	Om śī-nivāsāya namaḥ
Om cakriṇe namaḥ	Om adhokṣajāya namaḥ	Om jagad-vyāpine namaḥ
Om vijayāya namaḥ	Om akṣarāya namaḥ	Om jaganmayāya namaḥ
Om jaya-varḍhanāya namaḥ	Om śarvāya namaḥ Om	Om jagatpālāya namaḥ
Om pañcānanāya namaḥ	vanamāline namaḥ Om	Om jagannāthāya namaḥ
Om para-brahmaṇe namaḥ (20)	varapradāya namaḥ	Om mahā-kāyāya namaḥ
Om aghorāya namaḥ	Om viśvāmbharāya namaḥ	Om dvi-rūpa-bhṛte namaḥ
Om ghora-vikramāya namah	Om adbhitāya namaḥ (60)	Om paramātmane namaḥ
Om jvalanmukhāya namaḥ	Om bhavyāya namaḥ	Om paramjyotiṣe namaḥ
Om jvālā-māline namaḥ Om	Om śrīviṣṇave namaḥ	Om nirguṇāya namaḥ (100)
mahā-jvālāya namaḥ Om	Om puruṣottamāya namaḥ	Om nr̄kesariṇe namaḥ Om
mahā-prabhavē namaḥ Om	Om anaghāstrāya namaḥ	para-tattvāya namaḥ Om
niṭilāksāya namaḥ	Om nakhāstrāya namaḥ Om	paraṁdhāmne namaḥ
Om sahasrākṣāya namaḥ	sūrya-jyotiṣe namaḥ Om	Om sac-cid-ānanda-vigrahāya namaḥ
Om durnirīkṣāya namaḥ Om	sureśvarāya namaḥ Om	Om lakṣmī-nṛsiṁhāya namaḥ
pratāpanāya namaḥ (30)	sahasra-bāhave namaḥ Om	Om sarvātmane namaḥ
Om mahādāmṛṣṭāyudhāya	sarvajñāya namaḥ	Om dhīrāya namaḥ
namah Om prājñāya namaḥ	Om sarva-siddhi-pradāyakāya namaḥ	Om prahlāda-pālakāya namaḥ (108)
Om caṇḍakopine namaḥ	Om vajra-damṛṣṭāya namaḥ (71)	
Om sadāśivāya namaḥ	Om vajra-nakhāya namaḥ	
Om hiraṇyakaśipu-dhvamsine namaḥ	Om mahānandāya namaḥ	
Om daitya-dānava-bhañjanāya	Om parantapāya namaḥ	
namah Om guṇa-bhadrāya namaḥ	Om sarva-mantraikarūpāya namaḥ	
Om mahā-bhadrāya namaḥ	Om sarva-yantra-vidhāraṇāya namaḥ	